

A painting depicting a man in a blue robe and white head covering standing on a rocky cliff, looking out over a vast, hazy landscape. The text "Psalm 90: 1-12" is overlaid in white.

Psalm 90: 1-12

Psalm 90:1-2

Lord, you have been our dwelling place
in all generations.

Before the mountains were brought forth, or
ever you had formed the earth and the
world, from everlasting to everlasting you are
God.

Psalm 90:3-4

You return man to dust

and say, “Return, O children of man!”

For a thousand years in your sight

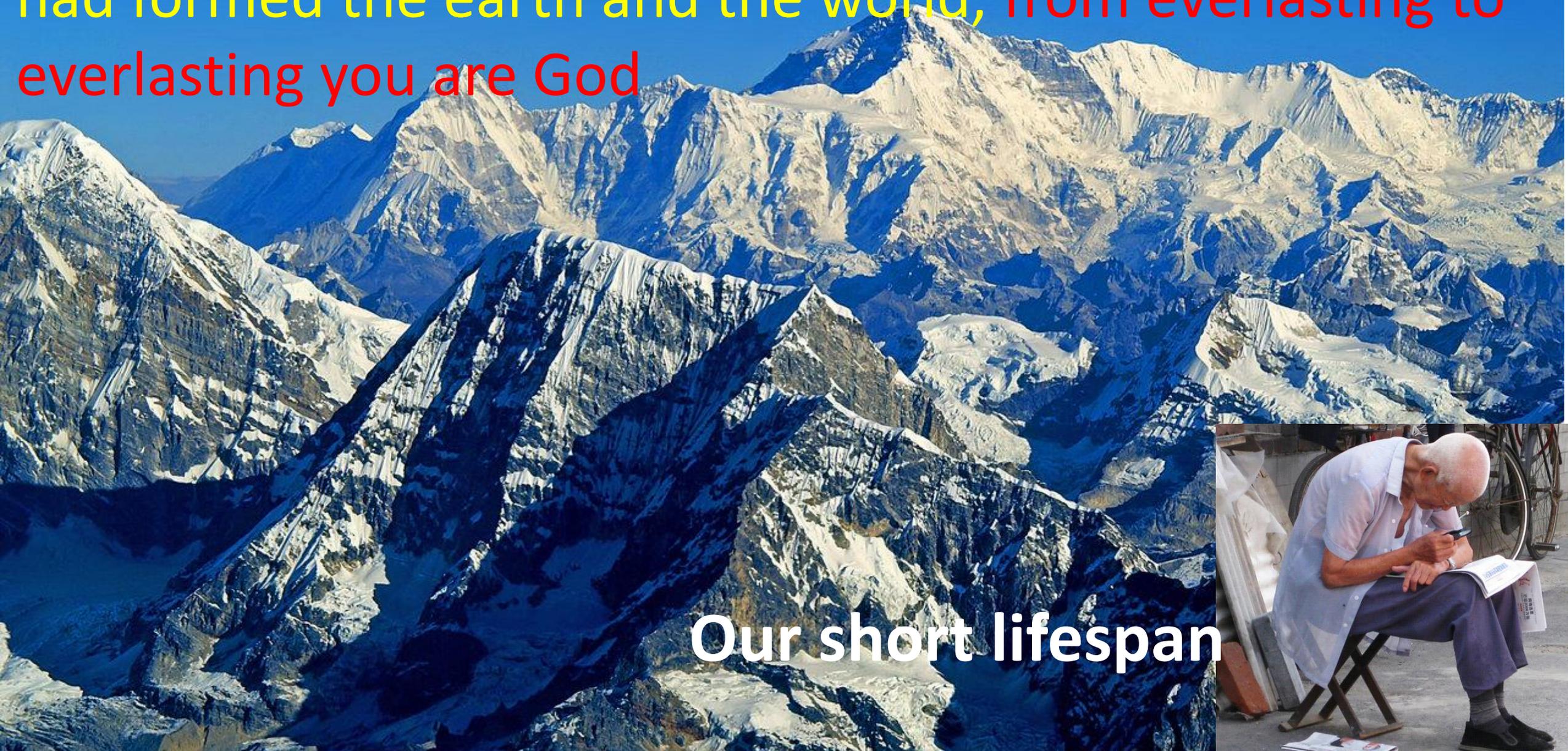
are but as yesterday when it is past,

or as a watch in the night.

1. Contrast between God's permanence and man's short lifespan



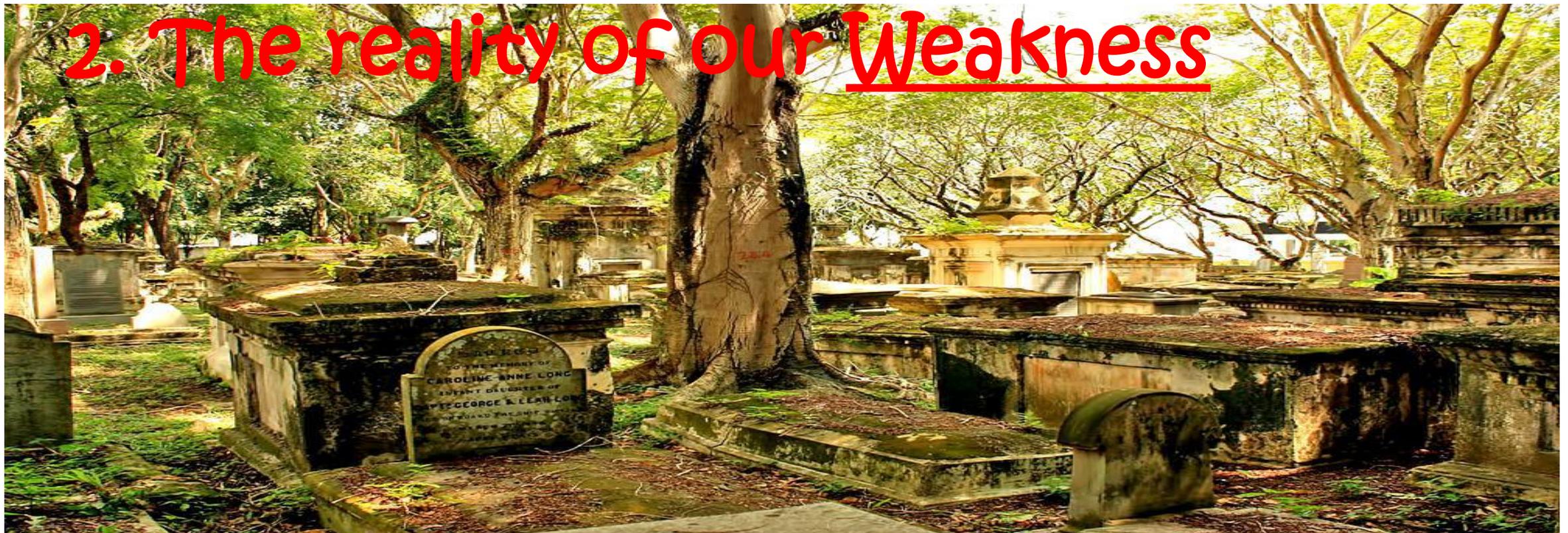
Before the mountains were brought forth, or ever you
had formed the earth and the world, from everlasting to
everlasting you are God



Our short lifespan



You sweep them away as with a flood; they are like a dream, like grass that is renewed in the morning: in the morning it flourishes and is renewed; in the evening it fades and withers.



7 For we are brought to an end by your anger;
by your wrath we are dismayed.

8 You have set our iniquities before you,
our secret sins in the light of your presence.





- 3. The shortness of our lives and our weaknesses are no excuse to waste any days.

*We are still accountable to
God*

9 For all our days pass away under your wrath;

we bring our years to an end like a sigh.

10 The years of our life are seventy,

or even by reason of strength eighty;

yet their span is but toil and trouble;

they are soon gone, and we fly away.

11 Who considers the power of your anger,

and your wrath according to the fear of you?

God is always serious about sin



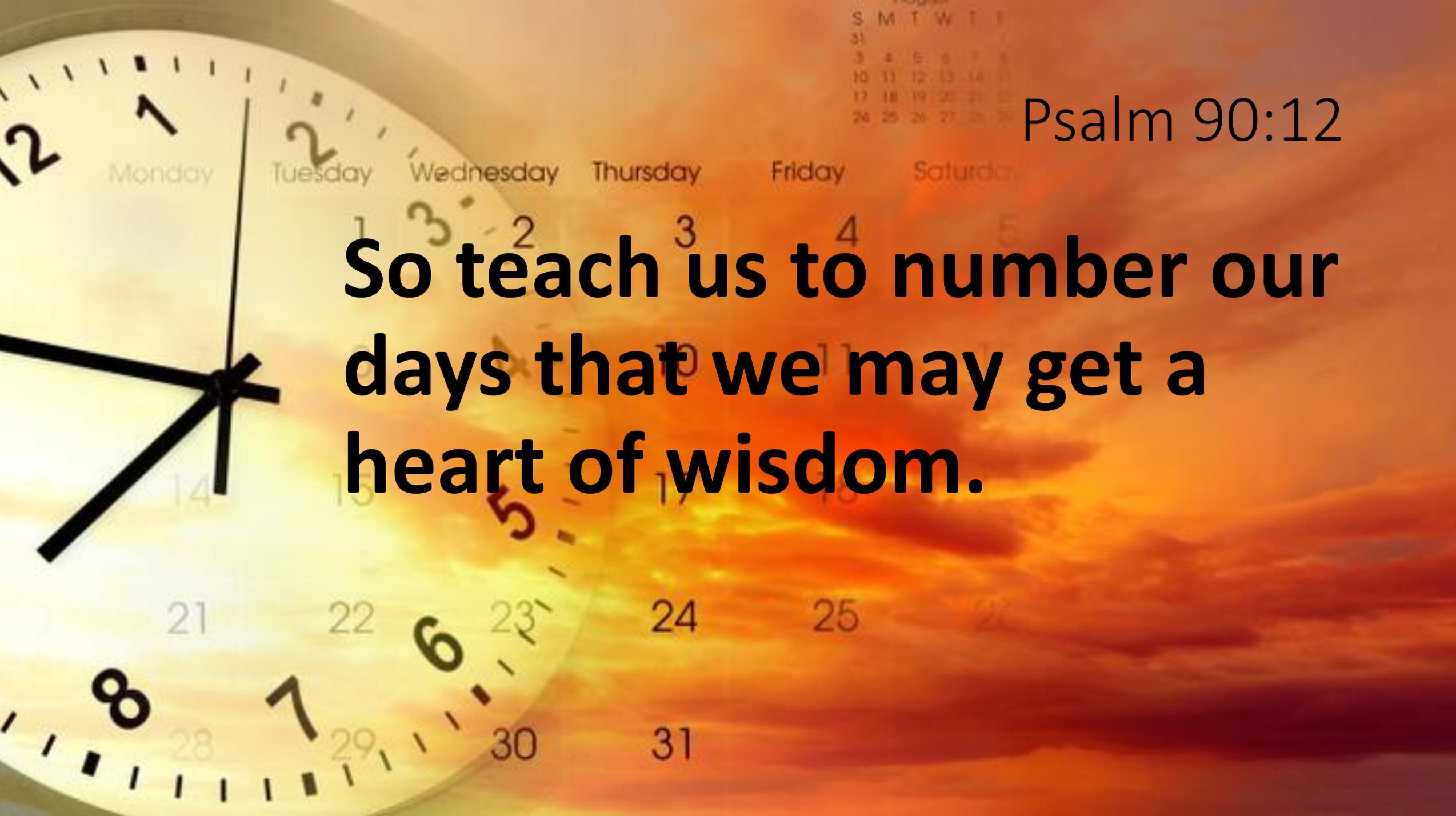
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Psalm 90:12

**So teach us to number our
days that we may get a
heart of wisdom.**

In my life right now, am I doing, what
is pleasing to God?

Will my next step be pleasing to God?





**Let the favor of the
Lord our God be
upon us, and
establish the work of
our hands...**